# OLIGOCHROMATIC EXTREME MASS-RATIO INSPIRALS (E-EMRIS) 

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## EXtREME-MASS RATIO INSPIRALS

Stellar-mass object spiraling into $10^{4}-10^{6} M_{\odot}$.

- This range of masses corresponds to relaxed nuclei.
- With LISA $z \sim 1,4$.
[Amaro-Seoane 2018, Babak et al +Amaro-Seoane 2017, Amaro-Seoane et al 2007]
- Rates are very low: $10^{-5}, 10^{-6}$ per year. (stellar-mass BHs and MW)
- Take into account the impact of asymmetry between pro- and retrograde orbits in the location of the LSO helps, if MBH is Kerr. [Amaro-Seoane, Sopuerta \& Freitag 2013]
- In any case, we don't expect EMRIs at the Galactic Centre, right?

NOT REALLY.

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(3) Polychromatic EMRIs
"the ones we have been talking about all along", (using Bernard's words).

HUMOUR ME...

## Evolution of an EMRI in the early stages



185000 yr before plunge, an E-EMRI would be already on band with SNR $>$ 10. Waveforms à la Barack and Cutler.

## Evolution of an EMRI in the early stages



500000 yr before plunge, an E-EMRI would be already on band with

Fine... AND THE EVENT RATE?

## EVENT RATE CALCULATION: ALMOST COPY AND PASTE FROM AS 2019

■ The event rate in phase-space can be calculated as follows

$$
\dot{\Gamma}_{\mathrm{EMRI}} \simeq \int_{a_{\min }}^{a_{\mathrm{crit}}} \frac{d n_{\mathrm{bh}}(a)}{T_{\mathrm{rlx}}(a) \ln \left(\theta_{\mathrm{lc}}^{-2}\right)}
$$

- We need to determine four quantities

1. The loss-cone angle
2. The number of bh
3. The relaxation time as a function of the radius
4. The critical radius $a_{\text {crit }}$

## (1) The Loss-cone angle

- It can be approximated as

$$
\begin{gathered}
\theta_{\mathrm{lc}} \simeq \frac{1}{\sqrt{J_{\max } / J_{\mathrm{lc}}}} \\
J_{\mathrm{lc}} \simeq \frac{4 G}{c} M_{\mathrm{BH}}, J_{\max }^{2}=G M_{\mathrm{BH}} a
\end{gathered}
$$

[Alexander \& Livio 2001]

- So that

$$
\theta_{\mathrm{lc}}^{2} \simeq \sqrt{\frac{8 R_{\mathrm{S}}}{a}}
$$

## (2) The number of bh as a function of the radius

■ Assuming the power-law distribution,

$$
n_{\mathrm{bh}}(a) \sim f_{\mathrm{sub}} \cdot N_{0}\left(\frac{a}{R_{0}}\right)^{3-\gamma}
$$

- Differentiating,

$$
d n_{\mathrm{bh}}(a)=f_{\mathrm{sub}}(3-\gamma) \frac{N_{0}}{R_{0}}\left(\frac{a}{R_{0}}\right)^{2-\gamma} d a
$$

## (3) The relaXation time as a function of the radius

- Relaxation due to the most massive stellar species, stellar-mass black holes

$$
T_{\mathrm{rlx}}(a)=T_{0}\left(\frac{a}{R_{0}}\right)^{\gamma-3 / 2}
$$

■ With

$$
T_{0} \simeq \frac{4.26}{(3-\gamma)(1+\gamma)^{3 / 2}} \frac{\sqrt{R_{0}^{3}\left(G M_{\mathrm{BH}}\right)^{-1}}}{\ln (\Lambda) N_{0}}\left(\frac{M_{\mathrm{BH}}}{m_{\mathrm{bh}}}\right)^{2}
$$

## (4) THE CRITICAL SEMI-MAJOR AXIS

- From its definition, it is the threshold between stellar dynamics and the GW-dominated regime

$$
T_{\mathrm{rlx}, \text { peri }}=C T_{\mathrm{GW}}(a, e)
$$

- And

$$
\frac{8 G M_{\mathrm{BH}}}{c^{2}}=(1-e) a \mathcal{W}(\iota, \mathrm{~s})
$$

$\mathcal{W}(\iota, \mathrm{s})$ takes into account the asymmetry between pro- and retrograde orbits for the location of the LSO for a Kerr MBH [Amaro-Seoane et al 2013].
The function depends on the spin of the MBH a and the inclination of the orbit $\iota$.

## (4) THE CRITICAL SEMI-MAJOR AXIS

$\square$ EMRI orbits have e $\sim 1$, hence

$$
T_{\mathrm{GW}}(a, e) \sim \sqrt{2} \frac{24}{85} \frac{c^{5}}{G^{3}} \frac{a^{4}(1-e)^{7 / 2}}{m_{\mathrm{bh}} M_{\mathrm{BH}}^{2}}
$$

- So that we obtain

$$
a_{\text {crit }}=R_{0}\left[\frac{20480}{1207}(3-\gamma)(1+\gamma)^{3 / 2} C \mathcal{W}(\iota, \mathrm{~s})^{5 / 2} N_{0} \ln (\Lambda)\left(\frac{M_{\mathrm{BH}}}{m_{\mathrm{bh}}}\right)^{-1}\right]^{\frac{1}{\gamma-3}}
$$

## THE CRITICAL RADIUS



Definition of $a_{\text {crit }}$, at a fixed $t_{r l x}$ for illustration.

## THE RATES

- The integral can be solved analytically (*)

$$
\begin{aligned}
& \dot{\Gamma} \sim 1.92 \times 10^{-6} \mathrm{yrs}^{-1} \tilde{N}_{0} \tilde{\Lambda} \tilde{R}_{0}^{-2} \tilde{m}^{2} \times \\
& \left\{1.6 \times 10^{-1} \tilde{R}_{0}^{1 / 2} \tilde{N}_{0}^{-1 / 2} \tilde{\Lambda}^{-1 / 2} \tilde{m}^{1 / 2} \mathcal{W}(\iota, \mathrm{~s})^{-5 / 4} \times\right. \\
& \\
& {\left[\ln \left(9138 \tilde{R}_{0} \tilde{N}_{0}^{-1} \tilde{\Lambda}^{-1} \tilde{m} \mathcal{W}(\iota, \mathrm{~s})^{-5 / 2}\right)-2\right]-} \\
& \left.4 \times 10^{-2} \tilde{R}_{0}^{1 / 2} \times\left[\ln \left(618 \tilde{R}_{0}\right)-2\right]\right\}
\end{aligned}
$$

(*) If you distrust computer algebra systems.

## THE RATES

- with the following notation,

$$
\begin{aligned}
\tilde{\Lambda} & :=\left(\frac{\ln (\Lambda)}{13}\right), \tilde{N}_{0} \\
\tilde{R}_{0} & :=\left(\frac{R_{\mathrm{h}}}{1 \mathrm{pc}}\right), \tilde{m}:=\left(\frac{m}{10 M_{\odot}}\right) .
\end{aligned}
$$

- The advantage is that $\Gamma$ contains all physical information, including the relaxation time and critical radius, embedded


## EMRI EVENT RATE AT THE GC FOR $\tilde{m}=1$




Assume a Alexander \&Hopman 2009, Preto \& AS 2009 exponent based on Peebles 1972 power-law solution, $m_{b h}=10 M_{\odot}$. The event rate depends on the inclination of the orbit ( $\iota$ ) and the spin of the MBH (s).

The values for $\tilde{m}=4$ are somewhat larger.

SO MUCH FUSS FOR THIS? WE KNEW IT.

## AGAIN.



## TIME IS OF THE ESSENCE

- E-EMRIs spend a long time on band
- The lifetime with SNR>10 in LISA is of $T \sim 10^{5} \mathrm{yr}^{-1}$
and the event rate $\Gamma \cong 10^{-6} \mathrm{yr}^{-1}$
- Therefore... How many of these in band??
- From the continuity equation of the events we can derive the relative occupation fractions of the line density $g=d N / d a$
- Taking into account the eccentricity of the sources when integrating $N$, the inclinations and spins we find the final numbers


## Number of sources in band, at any given moment



## Three equations, THREE UNKNOWNS

$$
\begin{aligned}
\frac{N_{\text {II }}}{N_{\text {III }}} & =\frac{a_{\text {band }}^{1 / 2}-a_{\text {thr }}^{1 / 2}}{a_{\text {crit }}^{1 / 2}-a_{\text {band }}^{1 / 2}} \\
\frac{N_{\text {I }}}{N_{\text {II }}+N_{\text {III }}} & =\frac{1}{8} \times \frac{1-\left(a_{\min } / a_{\mathrm{thr}}\right)^{4}}{\left(a_{\text {crit }} / a_{\mathrm{thr}}\right)^{1 / 2}-1} \\
N_{\mathrm{I}}+N_{\text {II }} & =\dot{\Gamma} \times T\left(a_{\text {crit }}, e\right)
\end{aligned}
$$

## RELATIVE OCCUPATION FRACTIONS

$$
\begin{align*}
N_{\mathrm{I}} & =\dot{\Gamma} \times T\left(a_{\text {crit }}, e\right) \times \Omega_{1} \\
N_{\mathrm{II}} & =\dot{\Gamma} \times T\left(a_{\text {crit }}, e\right) \times \Omega_{2} \\
N_{\mathrm{III}} & =\dot{\Gamma} \times T\left(a_{\text {crit }}, e\right) \times \Omega_{3}, \tag{1}
\end{align*}
$$

where we have introduced the weighting functions $\Omega_{1}, \Omega_{2}$ and $\Omega_{3}$

$$
\begin{aligned}
& \Omega_{1} \equiv \frac{\left(\sqrt{a_{\mathrm{thr}}}-\sqrt{a_{\text {crit }}}\right)\left(a_{\text {min }}^{4}-a_{\mathrm{thr}}^{4}\right)}{\left(a_{\mathrm{thr}}^{4}\left(8 \sqrt{a}\left(\sqrt{a_{\text {crit }} / a_{\mathrm{thr}}}-1\right)+\sqrt{a_{\text {crit }}}\right)+a_{\mathrm{thr}}^{9 / 2}\left(7-8 \sqrt{a_{\text {crit }} / a_{\mathrm{thr}}}\right)+a_{\text {min }}^{4}\left(\sqrt{a_{\mathrm{thr}}}-\sqrt{a_{\text {crit }}}\right)\right.} \\
& \Omega_{2} \equiv \frac{8 a_{\mathrm{thr}}^{4}\left(\sqrt{a}-\sqrt{a_{\mathrm{thr}}}\right)\left(\sqrt{a_{\text {crit }} / a_{\mathrm{thr}}}-1\right)}{a_{\mathrm{thr}}^{4}\left(8 \sqrt{a}\left(\sqrt{a_{\text {crit }} / a_{\mathrm{thr}}}-1\right)+\sqrt{a_{\text {crit }}}\right)+a_{\mathrm{thr}}^{9 / 2}\left(7-8 \sqrt{a_{\text {crit }} / a_{\mathrm{thr}}}\right)+a_{\text {min }}^{4}\left(\sqrt{a_{\mathrm{thr}}}-\sqrt{a_{\text {crit }}}\right)} \\
& \Omega_{3} \equiv \frac{8 a_{\mathrm{thr}}^{4}\left(\sqrt{a}-\sqrt{a_{\text {crit }}}\right)\left(1-\sqrt{a_{\text {crit }} / a_{\mathrm{thr}}}\right)}{\left(a_{\mathrm{thr}}^{4}\left(8 \sqrt{a}\left(\sqrt{a_{\text {crit }} / a_{\mathrm{thr}}}-1\right)+\sqrt{a_{\text {crit }}}\right)+a_{\mathrm{thr}}^{9 / 2}\left(7-8 \sqrt{a_{\text {crit }} / a_{\mathrm{thr}}}\right)+a_{\text {min }}^{4}\left(\sqrt{a_{\mathrm{thr}}}-\sqrt{a_{\text {crit }}}\right)\right.}
\end{aligned}
$$

## TOTAL NUMBER FOR $\tilde{m}=1$ AT ANY GIVEN TIME(*)






[^0]$\tilde{m}=1, \quad \bar{R}_{0}=1, \quad T\left(a_{\text {crit }}, e\right)=185000 \mathrm{yrs}$

## TOTAL NUMBER FOR $\tilde{m}=4$ AT ANY GIVEN TIME(*)





$\bar{m}=4 . \quad \vec{R}_{0}=3 . \quad T\left(a_{\text {crit. }}, e\right)=500000 \mathrm{vrs}$

A FOREST OF E-EMRIS:
FORE- AND BACKGROUND POPULATION

## A FOREST OF E-EMRIS: $T_{\text {obs }}$ REMOVED (NAÏVE PICTURE)



## IN BAND OUT TO 0.1 GPC (NAÏVE PICTURE)


[PAS, Yiren \& TzanavarisTBS]

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- The forest hence extends beyond 0.1 Gpc


## SO, HOW DOES THE FORE- AND BACKGROUND LOOK LIKE?

## I don't know (yet).

## So...

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- What is the shape of the forest?
- I am working on it...


# MONO- AND OLIGOCHROMATIC EMRIS 

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EXTRA MATERIAL

## AN IMPLICIT ASSUMPTION

■ I am assuming that different mass "species" contribute to relaxation individually...
... and that the total amount of relaxation in the system can be added up linearly from them.
Can I do that?
"Yes."

- The distribution function of mass and velocity is $f(m, v)$, and a moment of the change of velocities is of the form

$$
<d v^{2}>=\int d v^{2} f(m, v) d m d v
$$

- And this can be envisaged as

$$
<d v^{2}>=\sum_{m} n(m)\left(\int d v^{2} f(v) d v\right),
$$

with $n(m)$ the density of stars of mass $m$.

## HARMONICS

The strain amplitude in the $n$-th harmonic at a given distance $D$, normalized to the typical values of this work is

$$
\begin{aligned}
h_{n} & =g(n, e) \frac{G^{2} M_{\mathrm{BH}} m_{\mathrm{CO}}}{D a c^{4}} \\
& \simeq 8 \times 10^{-23} g(n, e)\left(\frac{D}{500 \mathrm{Mpc}}\right)^{-1}\left(\frac{a}{10^{-5} \mathrm{pc}}\right)^{-1} \\
& \left(\frac{M_{\mathrm{BH}}}{10^{3} M_{\odot}}\right)\left(\frac{m_{\mathrm{CO}}}{10 M_{\odot}}\right) .
\end{aligned}
$$

In this expression $M_{\mathrm{BH}}$ is the mass of the $\mathrm{IMBH}, \mathrm{m}_{\mathrm{CO}}$ is the mass of the compact object (CO), and $g(n, e)$ is a function of the harmonic number $n$ and the eccentricity $e_{\text {[Peters } \& \text { Matthens } 1963] \text {. We consider the RMS }}$ amplitude averaged over the two GW polarizations and all directions.


[^0]:    $\bar{m}=1, \quad \bar{R}_{0}=1, \quad T\left(a_{\text {crit }}, e\right)=185000 \mathrm{yrs}$

